

## J'Danse Studio COVID-19 Safety Guidelines - What to Expect

We are excited to return to the studio! We want to reassure all our dance families that the health and safety of our students, staff and families is our 1st priority. We will follow guidelines provided by the Ontario government and Toronto Public Health and "Ontario Dance and Performing Arts Studios Workplace Guidelines for Covid-19".



### J'Danse Studio - Dance Health & Safety Protocols

(Subject to change based on any new requirements)

#### Health Screening:

**ALL STUDENTS/PARENTS/STAFF/INDIVIDUALS MUST NOT ATTEND THE STUDIO OR CLASSES IF THEY ARE SICK OR ARE EXHIBITING COVID-19 SYMPTOMS.** If a student/staff or anyone in their household is unwell, the student/staff is not permitted to attend class. Studio must be informed if anyone including students and staff will be absent and if you are exhibiting symptoms or have tested positive. In such a circumstance J'Danse Studio will notify Toronto Public Health for further guidance and instructions.

#### **If the student or anyone in their household have any of the following symptoms of COVID-19:**

- Fever (temperature of 38°C or greater)
- New or worsening cough
- Shortness of breath/difficulty breathing
- Sore throat/Difficulty swallowing
- Altered smell or taste
- Nausea/vomiting, diarrhea, abdominal pain
- Runny nose, or nasal congestion (unrelated to  
toes) seasonal allergies, post nasal drip etc.)
- Tiredness/feeling unwell/muscle aches
- Worsening of chronic conditions
- Chills
- Headaches
- Croup
- Pink eye
- Red/Purple discolouration to hands, fingers,  
feet and /or toes, and skin may peel (Covid-  
o Increased tiredness/fatigue

#### **OR**

If you have been exposed to someone with COVID-19 or someone who has developed new respiratory symptoms, **do not enter the facility.** Contact your health care provider, Telehealth Ontario (1-866-797-0000), or visit an Assessment Centre for testing. Self-isolate for 14 days (including any members of your household or people you had close contact with from 48 hours before symptoms.)

**The online health screening self-assessment must be completed BEFORE entering the studio each day. Parents MUST be diligent in screening children prior to leaving for the studio. If the online form isn't completed a paper form must be completed at the studio. You may not enter the studio without a completed form.**

**Scan QR code below to complete the online health self-assessment**



**PARENTS - IF YOUR CHILD BEGINS TO SHOW ANY SYMPTOMS WHILE AT DANCE, WE WILL ISOLATE THEM IN THE "PARENTS LOBBY" AWAY FROM OTHER STUDENTS & STAFF & NOTIFY YOU TO PICK THEM UP IMMEDIATELY. IF A STAFF MEMBER BECOMES ILL THEY WILL BE ISOLATED AND SENT HOME.**

\*\*If car-pooling and one of the dancers has fever or Covid-19 related symptoms, both dancers will be sent home.

### **Masks:**

Everyone entering and exiting the studio will be required to wear a mask. Dancers may optionally remove masks when in class and actively dancing – dancers will be physically distanced. Teachers will wear masks while teaching at this time. Dancers and Staff will wear masks when going to the washroom, between classes. Please ensure your dancer knows the proper procedure for putting on/removing a mask. It is suggested masks be kept in a bag when not in use. Bringing a backup mask is recommended.

### **Limited class sizes & studio capacity:**

Each studio has a maximum of 8-10 students plus teacher depending on studio size. Families are not permitted to stay in the facility at this time. One parent/guardian may accompany their dancer to the front entrance of the studio where they would meet a staff member and then leave promptly. A Health questionnaire must be completed online beforehand or at the studio before leaving.

The lobby and waiting area will be closed and unavailable at the present time.

### **Drop Off/Pick Up:**

**A JDS staff member will supervise. Dancers, staff and parents must wear masks during drop off and pick up.**

**Students age 6 & under** may be accompanied into the building by one adult. The parent can assist putting on dance shoes etc. Parents must practice physical distancing during this time and then return to pick them up when class is finished.

**Students aged 7 & up** are asked to come into the building independently.

- **DROP OFF:** Dancers will be permitted to enter the facility no earlier than 5 minutes before the start of their class. Please wait in cars until a few minutes before class begins. Arriving, students will line up outside in the patio stone waiting area just outside the front glass doors.  
**For age 7 & up:** Parents should not drive away until your dancer has entered the building. Do not block traffic – parking while you wait is encouraged.

At the entrance all will sanitize their hands. Outdoor shoes will be placed on racks (in lobby for studio B) and near rear exit (for studio A) and student will put on dance shoes, and hand sanitize again before entering. Students will wait on a lobby floor sticker until admitted into class by teacher.

- **PICK UP:** the student will (with the assistance of the instructor if required) take shoes and belongings, hand sanitize and exit  
**Exit** will be through the back door of the building (see map on last page off of Cosentino Dr)  
**One parent** will line up along the physical distance line (right of doors) and wait for their dancer to exit studio or parents may park and wait for dancer to exit studio. A staff member will be at the door to ensure each dancer leaves safely.

**\*\*\*It is extremely important that you are punctual picking up students as dancers are not permitted to wait around inside after class is finished\*\*\***

### **Physical Distancing:**

There will be social distancing markers in the lobby/hall that students will use waiting for class to begin. They must sanitize their hands on the way in. We have created physical distance boxes on the floors in each of our studios, using colourful tape to help guide students. There will also be small taped floor spot for dancers' belongings. Each box will be numbered and each dancer will be given a corresponding number. They will place belongings on assigned spot and proceed to their own dancing square. Changeroom will be closed.

## **Schedule:**

We have allowed 15 minutes between classes and staggered start/end times where possible to ease the flow of traffic and to allow increased cleaning/sanitization between classes where there is a switchover of students & to assist with reducing the number of people entering/exiting at the same time. Times may be adjusted if needed as guidelines are revised.

## **Increased Cleaning & Disinfecting:**

We will sanitize all common touchpoints and ballet barres or equipment used between each class or group of students. Washrooms will be cleaned and sanitized frequently. Facility will undergo additional cleaning and disinfecting after each day. Cleaning logs will be kept.

Students and parents are encouraged to wipe all items with sanitizer wipes e.g. shoes, water bottle, before & after coming to the studio.

No Lost & Found at this time.

## **Hand Sanitizing:**

Everyone entering and exiting the facility will be required to use hand sanitizer (it will be provided). All must sanitize hands before and after using washroom and before each class. There are stations set up in the main common lobby at the bottom of the main entrance stairs, after entering main entrance near reception desk, rear exit top of the stairs, outside the washrooms and inside each studio.

## **What To Bring/Wear:**

**See 2020/2021 Dress Code Requirements.** All students will come dressed, ready for class. No changing between classes. Changeroom is not available. For younger students who may have difficulties with pulling up tights etc. after using the washroom, we have adjusted the attire to make it easier by allowing leggings or shorts.

Students will require a **small** sanitized dance bag with: dance shoes, water bottle(s), small hand sanitizer & pack of Kleenex, mask (in a labelled paper bag). Please do not bring anything extra. Refilling of water bottles is not permitted – bring enough to last for multiple classes if needed.

## **No Physical Contact:**

Students will not engage in partner work or any deliberate contact (no hand holding, lifts etc). Please remind your dancer to greet with smiles and waves – no hugs, high fives etc.

If a teacher needs to have close contact with a dancer to help them for any reason, they will first sanitize their hands and they will already be wearing a mask. Students will not be required to wear a mask but it is optional to do so. Students and teachers will sanitize their hands after having close contact.

## **Special Instructions for the Following Classes:**

- ❑ **Acro classes:** will be non-performance classes (no routine), and will focus on flexibility, strength and conditioning as spotting, partner work etc. will not be permitted at this time.
- ❑ **Vocal/Song & Dance:** no song & dance classes on the schedule
- ❑ **Creative Dance(2-3yrs old):** will participate with one parent/guardian in the class within their designated boxed section
- ❑ **Mini Classes(4-6yrs old):** must remain on site in their cars during the full duration of the Class should they not be potty trained or need assistance going to the washroom

## Using Washrooms:

Masks must be worn when using the washrooms. If little ones need to use the washroom and require the assistance of the parents, a staff member will call the parent to accompany the child to the washroom. Please ensure your contact information is updated on the Jackrabbit Parent Portal. Parent/Guardian must wear a mask when entering the building.

## Viewing Cameras:

Parents/guardians will be able to log into the secure online parent portal remotely and access the in studio viewing cameras for their class only during specified class time only that they are resided in. If you are waiting in our parking lot you should be able to access our free guest Wi-Fi.

## Government Order:

Should there be a government order where the physical location should have to close, the studio will move all its classes to its online platform in its current schedule setting. There will be no make-up classes or no refunds/credits in this event. Once the order is lifted in studio classes will resume.

## Overview of changes to our facilities to support a safe & healthy return to dance

- Adjustments include:
  - sanitizer stations throughout
  - distancing and pathway markers on floors
  - lobby, changeroom, homework areas closed until further notice
  - removal of lobby and hallway chairs/benches
  - clearing surfaces for easy cleaning
  - New equipment in each studio to facilitate in-person & at home learning
    - signage for proper use of hand sanitizer, hand-washing procedures, putting on and taking off masks
  - We have added simple one pull paper towel dispensers and a hand sanitizing station just outside the washrooms
  - Dancers are encouraged to use washrooms at home before coming to dance.
    - Mini fridge for staff use only
    - Hepa air filter system has been installed
- We are excited to have Zoom in place as a health & safety measure so that dancers can continue to learn with their class at home if needed. This means that we will be prepared to run our full class schedule on zoom in the event of any mandated closures/disruptions.
- **We will implement any other safety protocols required by the government and/or health unit.**

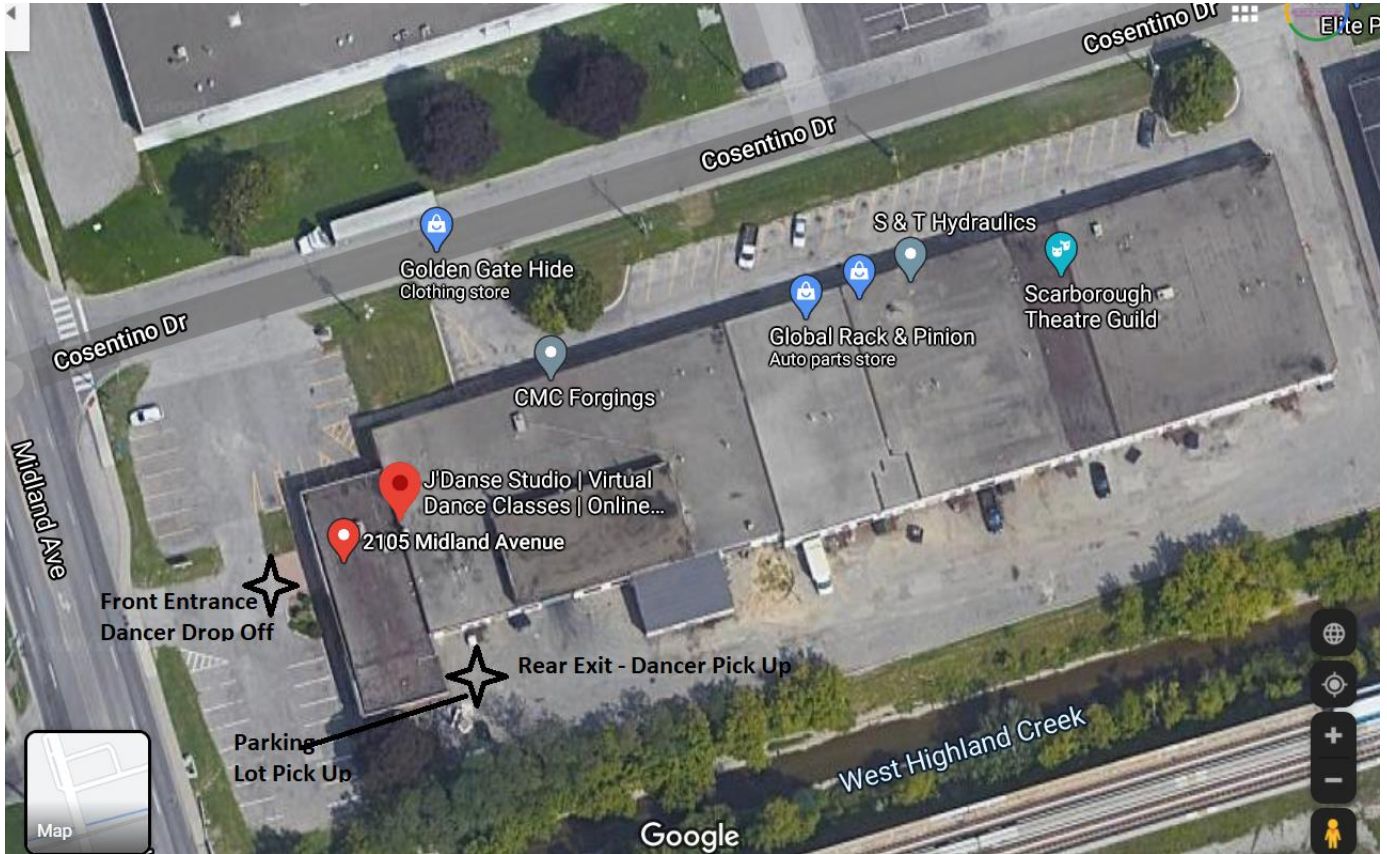


SAFE. STUDIOS. ONTARIO.

# #JDSSTRONG



**Option 1** – Park near south side of lot and walkthrough gate to pick up



**Option 2** – Drive to the back of building, park and pick up

